



## A note from your child's speech therapist

Hello Families,

Here are a few ways you can encourage your student's communication while at home during the extended spring break.

- Practice correct production of /th/ sound (see attached)
- Model and encourage the use of positive self-talk to help manage frustrating situations. You can also encourage replacing the negative thoughts of characters in movies or books with positive self-talk
- Model and reinforce the social thinking strategy of being a "flexible thinker" (see attached packet)
- Encourage expected behaviors and flexible thinking in simple game play/cooperative activities examples:
  - Cooperative building activities- encourage student to follow someone else's plan
  - Simple turn taking games (i.e., Candy Land, UNO, Charades, Simon says, hot potato, follow the leader, etc.)

Best Regards,

Ms. Molly