Language Arts

- Read Chapter 10 of Magic Treehouse
 -complete definitions
 -answer questions
 -word search
 -sequencing events
- Read My Home Story Compare and Contrast
 -vocab worksheets (3)
 -compare & contrast
 -assessment
- 3. Spelling worksheets for 2 weeks (9 worksheets total)

4. Phone Number and Address practice (one is to be completed with help and the other without)

**PLEASE TURN IN: Magic Treehouse: the quizzes (1), crossword puzzle and opinions worksheets about book (3pgs). My Home: All activities and assessment for the compare and contrast. Spelling worksheets and address paper. This will all be taken for a grade. **

<u>Math</u>

- 1. Adding Packet
- 2. Counting Packet
- 3. Money Worksheets (3 pages)

**PLEASE TURN IN: all the adding packet, counting packet and money worksheets. This will all be taken for a grade. ** There is also a 120 chart to help them with counting and adding and subtracting

Science

- 1. Complete the "Plant Life" Scavenger hunt. Your child has completed these before in class. The number on the card matches up with the number of the question. The questions are multiple choice.
- 2. Do We Need Light to See science experiment

**PLEASE TURN IN: Please turn everything in to be graded. **

Social Studies

1. Read the short story on "Making Money". Your child has complete assignments like this in class.

-quiz

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-activity 1 (4 pages)
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-activity 2 (1 page)
```

2. Read Down On Budget Farm -quiz

-crossword -activity 1 (2 pages)

**PLEASE TURN IN: all quizzes and activities to be graded. **

IEP Practice

- 1. 2 money worksheets with visual aids and example
- 2. 4 reading comprehension passages (directions are on top of the pages)

Please check packet for information/activities from SPEECH AND OT*

Complete at your own pace. Please return everything when we return to school April 6, 2020. Please check Remind for updates from your staff. If you have any questions or concerns feel free to reach out at any time to any room 2 staff via Remind* Here is a list of free apps that you can download for your child. They have their own logins and their progress can be tracked through these apps. They also enjoy these reading and math games.

 Prodigy (math game) Username: dandrei10 Password: sky45
IXL (all subjects) Username: dandreingram775 Password: room 2
Kids A-Z (reading) Username: DIngram Password: train (picture)
Teach your Monster to Read (reading game) Username: DAndre Password: de80m8g





CHAPTER TEN ONE MYSTERY SOLVED

The air was warm.

It was dawn. Far away a dog barked.

"I think that's Henry barking!" Annie said. Jack and Annie both looked out the tree

house window.

"We're home!" said Annie. "Yay!"

"That was close," said Jack.

In the distance, streetlights glowed near their house. There was a light on in their upstairs window.





Name:
: Chapter 10
I. When did Jack and Annie arrive back in Frog Creek?
a) dawn
b) midnight
c) dusk
2. Why did Annie think her parents were awake?
2 What did Tack do with the second labor to
3. What did Jack do with the castle book?
a) throw it out the window b) took it home
c) put it back with the rest
4. Describe the bookmark Jack Found.
5. How were the bookmark and the medallion similar, or the same?
•

 \cdot

• Name:	Į.
: This Book Was	00000000000 ···
Did you enjoy this book?	00
Why or why not?	
Who would you performent this heads to?	
Who would you recommend this book to?	
Why?	
Date the beak halos of Electronic Orac Oracles 1:1	
Rate the book below. 5 helmets for fantastic!	
attatt	
	KTM



Name:	$\overline{\mathbb{Q}}$
How would you look as a knight?	
What would the armor feel like?	
	6







My Home By: Julie Doubrava



I live in a home with my family. There are many different rooms in my home. Each room has a special job.

Everyday we make our meals in the kitchen. I like to help my mom cook and bake yummy food, especially dessert. When we are done cooking we will all eat in the dining room. We set the table with plates and cups and talk about our day.

My bedroom is my favorite room in the home. It is where I sleep and play with some toys. It is a space that is all mine. Some people have to share a bedroom with their sister or brother. The bathroom is a very important room. It is the room where you wash your body and teeth. You need to use the bathroom many times a day.

Sometimes my mom and dad give me chores. I have to fold clothes in the laundry room. My home is place where I am safe and make memories with my family. I love my home.



anguage



Week Four Vocabulary



Directions: Match the pictures to the definitions



Name:

Place in your home where you eat meals.

Place in your home where you cook food.

Place in your home where you sleep.

Place in your home where you get clean.

Place in your home where you wash clothes.

Where someone lives.

©JuliaDoubrava2017

Week One Vocabulary



Name: _____

	Word Bank	
Home	Bathroom	Kitchen
Dining Room	Laundry Room	Bedroom

- I. I take a shower in the _____.
- 2. I will eat dinner with my family in the _____.
- 3. I am making food in the _____.
- 4. My family and I live in our

- 5. My comfy bed is in the _____.
- 6. I fold my clothes in the _____.

Week Four Vocabulary

level

3

Name: _____

Bedroom Home Laundry Room Dining Room Bathroom Kitchen

Directions: Use a word from above and write a sentence using the word.

l	a diana mana mana mana diana mana mana mana mana mana pana waka mwa mila dian mana mila diana mana
2	
3	
Ч	
5	
6	
©JuliaDoubrava2017	

COMPARE What do TWO parts of the story have in common? CONTRAST What are differences of TWO parts of the story ?

COMPARE AND CONTRACT THE TWO HOLIDAYS!

Celebrate Irish heritage.

Celebrated in March

Has lots of green shamrocks ST. PATRICK'S DAY They are both



They are both in the first half of the year.

holidays

They are both fun to celebrate. VALENTINE'S DAY

Give people you love gifts.

Celebrated in February

Has lots of pink hearts.



Ale Week 4-Learning the Skill Activity: Compare and Contrast levels Name: Directions: Cut out the pictures on the next page and paste them on the graphic organizer. 60 SODA BOTH MILK MILK ©JulieDoubrava2017

Ale Week I-Learning the Skill Activity: Compare and Contrast levels Name: Directions: Cut out the pictures of the characters and paste them on the house. HAS BUBBLES HEALTHY UNHEALTHY PUT IN A FRIDGE. BOUGHT AT A STORE COMES FROM A COW

©JulieDoubrava2017



Name: ____

200 8

Directions: # I-6 Match the vocabulary word to the definition

^{I.} Kitchen

2. Bedroom

3.

Bathroom

Ч.

Home

5.

6.

Laundry room

Dining Room Place in your home where you eat meals.

level

3

Place in your home where you cook food.

Place in your home where you sleep.

Place in your home where you get clean.

Place in your home where you wash clothes.

Where someone lives. ©JuliaDoubrava2017



Directions: Circle the correct answer based on the story and the skills learned this week



level

2



©JuliaDoubrava2017

Nc	ime:	Spelling Unit A
	Spelling Pro	actice
	find were there only where boat own coul	() I I I I I I I I I I I I I I I I I I
1.	Which two words rhyme with CARE?	and
2.	Which two words begin with a vowel?	and
3.	Which two words end with D?	and
4.	Write the word that rhymes with COME.	
5.	Write the word that begins with B.	
6.	Write the word that rhymes with STIR.	
7.	Which word has the letter P in it two times?	

Nc	ame:			Spelling Unit A-24
[—	Spelling)
			*****	; , ; ;
	people c	ould	where	
	some c	only	find	
1.	I	have	e two dollars.	
2.		are we	e going?	
3.	Charles wants		yog	urt.
4.		_ you te	ell me what ti	me it is?
5.	There are thre		at	the bus stop.
6.	Bristol can't			tebook.

Name:							?. ?.	???			
				ord							<u>}</u>
Circl	Spelling Unit A-24 Circle the words.										
1.	find	t	i	n	d		f	i	n	d	f
2.	were	W	е	r	е	W	С	r	е	r	w
3.	there	t	h	r	t	h	е	r	е	r	е
4.	only	Ι	у	0	n	1	У	0	n	у	
5.	some	S	a	m	е	S	0	S	0	m	е
6.	where	h	W	h	е	r	е	W	h	r	е
7.	boat	b	а	0	†	b	0	а	†	0	a
8.	own	W	0	W	n	0	V	n	W	0	n
9.	could	0	U	С	0	U	I	d	С	-	d
10.	people	р	е	0	I	р	е	0	р	I	е

Nc	ame:				· · · · · · · · · · · · · · · · · · ·			
			Scrambled S	pelling)-				
Un	Unscramble the spelling words from list A-24.							
1.	idfr	1	- 6.	luocd				
			-					
2.	ewr	he	7.	abto				
3.	lpoe	epe	8.	wno				
4.	rwe	е	9.	ehtre				
5.	yno		10.	mseo				
	Word Box							
fi	nd	were	there	only	some			
W	vhere	boat	own	could	people			

Super Teacher Worksheets - <u>www.superteacherworksheets.com</u>

Nc	ame:	
	Scrambled Sentences	
	???»	
Un	scramble the sentences.	
1.	some popcorn? Would like you	
2.	going? you Where are	
3.	find I reading can't glasses. my	
4.	quarter. Malik has only a	



Super Teacher Worksheets – www.superteacherworksheets.com

No	ame:	Level A – St. Patrick's Day
[Spelling Pract	tice
	pot gold green harp luck clover leaf Irish	jig March
1.	Which two words are capitalized?	and
2.	Which two words begin with L?	and
3.	Which two words begin with G?	and
4.	Write the word that is a musical instrument	
5.	Write the word that is a kind of dance	
6.	Which word rhymes with HOT?	
7.	Which word begins with C?	

No	ame:			Level A – St. Patrick's Day
		(Spelling	
	pot	gold	green	
	clover	Irish	March	♦
1.	St. Patrick	's Day is in		
2.	 It is an		holiday.	
3.	People we	ear lots of		 •
4.	A	wi	th four leave:	s is lucky.
5.	The rainbo	w leads to	a	of gold.
6.	How much	 ו		u think is in the pot?

Name:					
Scrambled Spelling					
Unscramble the St. Patrick's Day spelling words.					
1.	gji		6.	rhpa	
			-		
2.	enre	eg	7.	klcu	
3.	r M h	са	8.	lodg	
4.	slhri		9.	fale	
5.	vrelco		10.	opt	
Word Box					
pot ç		gold	green	harp	jig
luck		clover	leaf	Irish	March

Super Teacher Worksheets - <u>www.superteacherworksheets.com</u>

know my postal address! Doute . w/ help

Date:

Wo help

know my postal address!



No calculator



math




r 1







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edHelper







edHelper



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edHelper



14



-12





е.,





Circle the coins you need to equal the number on the present. Hint: there is more than one answer for each present!















Present Math COUNTING COINS

Circle the coins you need to equal the number on the present. Hint: there is more than one answer for each present!







Name: _						(ma	th		
To help wi counting, adding, subtracting										
1	2	3	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	18	19	20	
21	22	23	24	25	26	27	28	29	30	
31	32	33	34	35	36	37	38	39	40	
41	42	43	44	45	46	47	48	49	50	
51	52	53	54	55	56	57	58	59	60	
61	62	63	64	65	66	67	68	69	70	
71	72	73	74	75	76	77	78	79	80	
81	82	83	84	85	86	87	88	89	90	
91	92	93	94	95	96	97	98	99	100	
101	102	103	104	105	106	107	108	109	110	
111	112	113	114	115	116	117	118	119	120	

Super Teacher Worksheets - www.superteacherworksheets.com

Plant Life

Hadelter e Teara

Fact Card

Giant Redwood trees in California are the tallest trees in the world. They can grow to be over 112 meters (370 feet) tall.



Serel Vizigi

Plant Life

Chlorophyll is the substance in plants that makes the leaves green. Plants use chlorophyll to make food and oxygen.



Fact Card



Plant Life

4

Fact Card

Bamboo is one of the fastest growing plants in the world. It can grow over 1 meter (about 3 feet) in a single day.









Vame	

1) What type of tree is the tallest tree in the world?

- A) The Giant Red tree B) The Buckeye tree
- C) The Oak tree D) The Palm tree

2) What type of tree is the oldest in the world?

- A) Apple tree B) Coconut tree
- C) Bristlecone pine D) Giant red tree

3) What is the name of the substance that makes plants green?

A) WaterB) sunshineC) AlgeD) chlorophyll

4) Which type of plant can grow over one meter in a single day?

- A) bamboo B) aloe
- C) tomato D) fern
- 5) Circle four things a Venus flytrap might eat.
 - A) flies, beetles B) butterflies, caterpillars
 - C) lady bugs, flowers D) grass, ants
- 6) Do plants make food in their stems, flowers, roots or leaves?
 - A) stems B) flowers
 - C) roots D) leaves
- 7) Circle two things a plant needs roots for.
 - A) soak up vitamins and minerals B) to look bigger C) store food D) to be stronger

- 8) About how many kernels are on an ear of corn?
 - A) 400 B) 600
 - C) 200 D) 800
- 9) What is the largest type of plant in the world that does not have a wooden stem?
 - A) fern B) aloe C) banana D) bamboo
- 10) Why are cactus stems usually very thick?
 - A) stems store water B) stems hold the plant
 - C) stems produce food D) stems absorb sunlight
- 11) In which direction do sunflowers point?
 - A) away from the sun B) towards the shade
 - C) towards the sun D) away from the wind
- 12) What do flowers produce?
 - A) pollen B) air C) seeds D) honey
- 13) What do ferns have instead of seeds?
 - A) thorns B) spores
 - C) flowers D) bumps
- 14) How many species of plants exist on earth?
 - A) 1 million B) 375,000
 - C) 150 D) 900
- 15) What type of gas do animals and people need to stay alive?
 - A) carbon dioxide B) sun light
 - C) water D) oxygen

- 16) What is the largest type of seed in the world?
 - A) pumpkin B) coconut
 - C) apple D) banana

17) How are strawberry seeds unique?

- A) seeds are on the leaves B) strawberries don't have seeds
- C) the seeds are on the inside D) the seeds are on the outside

18) What African tree species has roots that are 120 meters deep?

- A) wild fig trees B) marula
- C) sausage tree D) desert date









shoebox with lid and small hole



small object





NEED

3

What We Know:

- We use our eyes to see objects around us.
- A box with a lid on is dark inside.
- A box without a lid gets light inside.





Step 1: Ask a Question

· Do we need light to see objects?





6. Look through hole.



7. Record observation.



.



Step 5: Find the Conclusion



Work to Earn Money

Level D

Studies



Illustrated by Katie Zolnowski

by Amy Bihn

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INT, Unit 23, Economics, Earn Before You Spend Lesson 1, Leveled Book, Work to Earn Money, Level D



Cale can work to earn money. Cale rakes leaves. Cale dries dishes.



Michelle wants to buy new colored pencils. Michelle needs to earn money. They cost money.







Carla can work to earn money. Carla folds clothes.

Carla washes dishes.

00

97



Ned wants to buy a new video game. It costs money.

Ned needs to earn money.
27



He can buy the video game. Ned has money now.

INT, Unit 23, Economics, Earn Before You Spend Lesson 1, Leveled Book, Work to Earn Money, Level D

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Work to Earn Money Name: 1. What does Cale want to do? buy basketball eat lunch fly kite 2. What does Michelle need to buy colored pencils? tickets paper money 3. What can Carla do to earn money? work read sing R 4. What kind of work does Carla do? play ball wash dishes pick up sticks 5. What is one way we can get money? earn it cut it lose it

Cale can work to earn money.



INT, Unit 23. Economics. Earn Before You Spend Lesson 2, Read and Comprehend, Work to Earn Money

Michelle can work to earn money.



Carla can work to earn money.



INT. Unit 23, Economics, Earn Before You Spend Lesson 2, Read and Comprehend, Work to Earn Money

Copyright @ 2029 n2y, LLC, All rights reserved. Unique Learning System®, April 2020 Ned can work to earn money.



INT, Unit 23, Economics, Earn Before You Spend Lesson 2, Read and Comprehend, Work to Earn Money

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How Do They Spend Money?



For hands-on instruction, print, cut out and laminate.





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Down on Budget Farm

Level E



by Amy Shirey

Illustrated by Katie Zolnowski



Each animal has a budget. The budget helps them use their money. The budget shows the money they earn, spend and save.



Farmer Dave gives Percy Pig his paycheck. Percy Pig wants to buy a big bucket of mud. He looks at his budget. He does not have enough money this week. He wants to save money. He says, "I will put my money in my piggy bank."



Farmer Dave gives Henry Horse his paycheck. Henry Horse wants to buy a new saddle. He looks at his budget. He does not have enough money this week. He wants to earn more money. Henry Horse says, "I will give rides to our neighbors !"



The animals like to work on the farm. They like to earn money. They have budgets to help them use their money. They can't wait for their next payday !

Down on Budget Farm	Name:					
1. What do the animals do all week?						
work	play	dance				
2. What does Farmer Dave give to the animals?						
food	garbage	paycheck				
3. What helps the animals use their money?						
budget	Sun	neighbors				
4. Where does Percy Pig put his money?						
wallet	, piggy bank	mud				
5. What does Carrie Cow do with her money?						
save	donate	spend				



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INT, Unit 23, Economics, Earn Beturn You Sperid Lesson 4, Rond & Comprehend, Down on Budget Farm, Template C



For hands of loss of one price of the and laminate







Example





1













Name:

Read the text 3 times and color a circle after each reading.

BREAKFAST TIME

It was eight o'clock in the morning and Abigail was hungry. Her mom was still sleeping, so Abigail went downstairs in the kitchen and put some whole wheat bread in the toaster. Next, she poured some milk in a cup, but her hand shook slightly and she spilled some of the milk on the countertop. She quickly wiped out the mess with a paper towel. Then, she put her toast and the cup of milk on a tray. Last, she sat down to eat her breakfast at her new orange table. She loved her new table! It was the gift that Grandma and Grandpa gave her for her tenth birthday.

I. Put the events in order by writing I-5 in the box.









(1)

(2)

(3)



2. Why did Abigail have to make her own breakfast?

3. What did Abigail get for her tenth birthday? a. a tray b. a cup c. a table

	Name: Read the text 3 times and color a circle after each reading. (1) (2) (3) PENGUINS
	Penguins are birds. They are covered with fluffy white and black feathers. They live up to 75 percent of their lives in the ocean, so they drink salt water and their main diet is fish. Emperor penguins are the largest of all penguins. They can be found in Antarctica. They move by waddling on their feet and when it's very cold or windy, they huddle together to keep themselves warm.
An	swer the questions.
1.	What are penguins? a. mammals b. birds c. reptiles
2. V	What are penguins covered with? a. scales b. fur c. feathers
3. W	/hat do penguins feed on most of the time? a. fish b. grass c. turtles
ł. W c	here do emperor penguins live? a. in the North Pole b. in Africa c. in Antarctica
. Ho	ow do emperor penguins move? 1. they crawl b. they waddle c. they fly
Wł a	ny do emperor penguins huddle together? . to attract predators b. to stay warm

Name		
NUNC	•	

Read the text 3 times and color a circle after each reading.

The Accident

It was a beautiful day! Mia put on her helmet and ran outside. She grabbed her blue bike that was sitting in front of the garage door and started to ride it. She rode for about 30 minutes when suddenly she hit a rock and fell off her bike. She began to cry because her right knee instantly started to hurt. She looked at it and noticed that it was bleeding. She cried even harder and yelled, "I need help!" Mom heard Mia yell from inside the house and came outside as quickly as she could. She told Mia not to worry because it was just a minor scratch. Then Mom put a bandage on Mia's hurt knee.

I. Put the events in order by writing I-5 in the box.











(1) (2)

(3)

2. Why did Mia fall off her bike?

3. Who put a bandage on Mia's hurt knee? a. her mom b. her aunt c. her big sister

Name	•	
NULLE	•	

Read the text 3 times and color a circle after each reading.

Vacation Time

(1) (2)

(3

Anna went on vacation to Florida with her parents and her sister. Anna's dad drove their newly bought car all the way there. It was a 5-hour ride, but the two sisters did not get bored at all. They listened to music until they got there. When their dad parked the car in front of the hotel, they got out of the car and started to take lots of pictures. They had never seen so many palm trees before!

Answer the questions.

- I. How did Anna's family get to Florida? a. by plane b. by car c. by boat
- 2. What did the sisters do when they got in front of the hotel?

a. took pictures b. talked on the phone c. cried

3. What do you think Anna's family did the following day?



A note from your child's speech therapist

Dear Parents,

During this unprecedented time, I wanted to take a moment to connect you with resources to continue the speech and language development of your children.

Please check the Re-Education Services web page <u>http://www.re-edserv.com/</u> as information is frequently being added. On the left side of the front page of the website, there is a link called Ms. McVicker's Speech Blog <u>https://angelamcvslp.wordpress.com/</u>.

Over the next three weeks, I will be adding materials and information that you can use in order to keep your student engaged and learning. I will add materials as quickly as I can so if you don't see what your student needs please check back again.

I will be checking my email on a regular basis and will be available to answer any questions that you have about speech therapy, behavior tips, provide visuals you might need and to help you develop schedules. Please contact me at amcvicker@re-edserv.com and I will do my best to help meet your specific needs.

I consider it an honor and a privilege working with your child. Together we can do our best for students during this unusual time.

Sincerely,

Angela McVicker MA, CCC-SLP Speech-Language Pathologist Re-Education Services



A glitch is a problem that is so small that you almost don't even want to call it a problem. A glitch is something that happens that is quick, doesn't hurt anyone and can be solved very, very quickly.

We can often ignore a glitch.

Examples of a glitch are: breaking the tip on your pencil, your shoe comes untied, a person accidently bumps into you, or you burp.



• Usually a quick, clear solution right away

Lasts a very short time - a few minutes up to one hour

• You can solve the problem and calm yourself

No danger involved

 This is a problem that many people just IGNORE or "fix" right away

EXAMPLES:

- someone cutting in line in front of you
- a classmate making noises while you are trying to read or listen
- someone calling you a name once
- losing a game, or not going first in a game
- tattling



• Impact a few or a small group of people (3-9 people)

 Need to <u>brainstorm</u> & <u>talk about</u> solutions - decide which one is best. <u>Another person</u> usually helps decide the best solution

Lasts a medium time - maybe a few hours or days

No physical danger - maybe uncomfortable emotions (1)

EXAMPLES:

- Somebody on your bus steals your gameboy
- You are mad at a friend because he told a lie about you
- Teasing on the playground one day
- Someone deletes your file or game on the computer
ATG Problems

- Impact many people (more than 10)
- <u>Not a quick</u>, clear solution to begin right away
- Lasts a long time maybe many weeks or months
- The solution or recovery takes a group of people to solve (more than 4 people)
- Danger or harm may be involved

EXAMPLES:

- Tornado hitting a neighborhood
- Car crash with fatalities/people hurt
- a Bully who picks on many kids in your grade everyday

Big Problem or Small Problem?

Scenario	Big or Small Problem?	Why?	Solution
Where: Home What: Your shoelace breaks			
Where: Track Meet What: Your shoelace breaks right before your race			
Where: Home			
What: You get caught lying to your parents			
Where: School What: You get caught lying to your teachers			
Where: School What: You got a D on a quiz			
Where: School What: You got a D on a test			

	Directions: Give a problem, use this sheet to you figure out what size the problem is.	EXAMPLE:	Is there danger involved?	Who can solve it?	How long it lasts?	Number of people it effects	Size = Number (Incredible 5 Point Scale)		(n
	size the problem is	*Someone cutting in line in front of you *Someone calling you a name ONCE * Lost a game, or not going first in a game	No danger	I can solve it myself	Few minutes to one hour	1-2 people	1 - 2	Small	Size of the Problem
	to help	*Teasing for ONE day *The power goes out for a little bit during a storm *Forgot your lunch at home	No physical danger-maybe uncomfortable feelings	Need another person to help solve	Few hours to a few days	3-9 people	3	Medium	oblem CheatSheet
,	Created by: Angela McVS	*Tornado hit a neighborhood *Car crash and someone is hurt *A bully who picks on kids everyday * House fire	Danger or harm may be involv	Takes a group to solve	Weeks or month's	10 or more people	4-5	LARGE	heet

What Size Problem is It?

A. McVicker







<u>Directions</u>: Cut and paste the picture into the box that matches the size of the problem. Use your Size of the problem Cheat sheet to help.



A. McVicker

Occupational Therapy Note From: Miss Jen

Dear Parents/Guardians,

During this unusual time, I can be reached by email jadams@reedserv.com . Please contact me if you have questions about the information that I am sending home or if you need help with visual supports or self-regulation ideas for home during this time.

Your student is working on writing and self-regulation skills in OT. I have attached hand exercises, writing practice sheets and ideas for sensory self-regulation.

Another great way to practice letter formation is on the Letter School

App:

Sincerely,

Miss Jen

Tools to Grow at Home What to Know & How to Develop Fine Motor Skills Preschool - School Age Children FINGER & HAND STRENGTH What Parents Need to Know: • Adequate hand and finger strength is required to exert enough force to match the qualities of the object to be grasped and manipulated. Without adequate strength, child will not be able to use tools and/or operate objects as required. The child may fatigue before the task is completed. Try This! Squeeze - sponges in the sink/tub, stress balls, paper into balls, play \Box dough, or clay Resistive tools - given help as needed, children enjoy using a hole punch, basting tool, garlic press, and eye dropper Spray Bottle - fill a small plastic bottle with water & encourage your child to use his/her fingers to squeeze the lever to spray. Great for outdoors and bath tub. Flicking Games - use index finger to flick a marble, cotton balls, small pom-poms, coins, or balls of paper at a target. Use your imagination! Hammering - Use a toy hammer to pound golf tees into foam blocks. Use Legos, Duplo, K'Nex, Tinker toys, or similar building blocks Clothespins - squeeze onto the edge of a can or clothesline Play dough & Clay - mold, squeeze, roll, tear, and pinch Special Instructions:

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25 Heavy Work Activites

- Massages
- Bear hugs
- Play with a Body Sock
- Yoga Poses
- Pulling resistance bands with hands
- Playing passing games with weighted stuffed animals

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- Weighted sensory bottles
- Animal walks
- Wall pushes
- Chair dips
- Tossing and catching heavy bean bags
- Boxing with boxing gloves against a mat or bolster
- Roll a therapy ball up and down the wall
- Squeezing putty or play dough
- Playing tug of war with Pop Toobs
- Tearing paper (especially heavier card stock)
- Crumpling paper and shooting into a garbage can
- Pushing and pulling Squigz
- Cooking activities (e.g. kneading, stirring thick dough)
- Stepping up onto a chair or bench and jumping down (with close supervision!)
- Squeezing sensory balloons (filled with dry beans, dry rice, or play dough)
- Digging in a tactile bin of wet sand or Kinetic Sand
- Writing on and then wiping off or erasing a dry erase board
- Pushing feet against resistance band tied to the legs of a desk

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• Wall sits

for small spaces

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	Tools to Grow at Home	E
	What to Know & How to Develop Gross Motor Skills	F
3	Preschool - School Age Children	L
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7	GROSS MOTOR PLANNING	
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	What Parents Need to Know:	L
	 Motor planning refers to the ability to conceive (think of) and perform unfamiliar 	Ħ
	and complex body movements in a coordinated manner. Children should be able to see the possibilities in their environment for movement.	П
	 Motor planning also includes the ability to organize and sequence (put in order) 	
	the actions correctly.	Þ
	• One aspect of motor planning involves a child's ability to imitate (copy what you	Ħ
1	do).	
1		Н
E	Try This!	Н
	want to start (initiate) the movement activity and then gently guide them as	H
1	needed	H
	 □ Play Simon Says □ Roll like a caterpillar 	Н
1	\Box Jump like a frog	Ħ
3	□ Spin like a top	H
	Fly like a butterfly	E
-	□ Use a log to "walk the plank"	Ħ
1	Build a fort outdoors	日
1	□ Play hop-scotch □ Jumping Jacks	日
1		日
]	Make an obstacle course in the backyard (jump over a log, walk backwards on a	月
	rope, step into/out of a box, etc.)	E
1	Some commercially available games that help with gross motor planning are: Twister, Red Rover, Wiggle & Giggle, I Can Do That (Cat in the Hat), and	B
1	Hullaballoo	Н
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1	Special Instructions:	日
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