



*Providing Special Education and Individual Instruction*

*February 2018*

sometimes the smallest things  
take up the most room  
in your heart.



## Staff Spotlight

*Contributed by Matt Q, Room 17*

### Shine on... "Mr. W"

Mr.W's role at Re-Ed is to give support to staff and students when needed. He does it with a respectful manner and attitude. He is also a really good friend to staff. When someone is down/sad he figures out a solution to why they should look on the bright side.

Mr.W teaches grades 4-6. He also gives support to all classes too. He teaches all subjects from math to social studies. He has been teaching for 2 years.

Mr.W's favorite subject is social studies. He loves that subject because he likes to see the world change.

What Mr.W likes to do outside of school is ride horses and play tennis.

He is a very unique person. Mr.W can train dogs, and he loves doing it.

Mr.W likes the quote "when a person shows you who you are for the first time believe them". The quote is by Maya Angelou.

## Arts & Entertainment

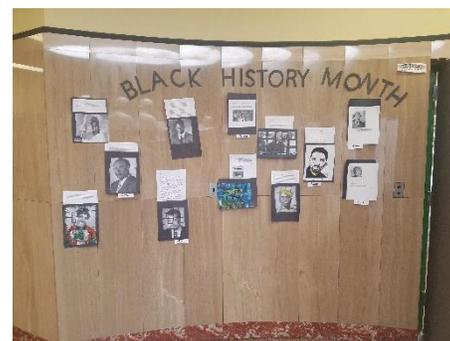
*Contributed by: Ms Sue, Room 16*

This month's school-wide art projects were for staff and students to complete a Valentine heart by writing what they love about Re-Ed, which was placed on the wall.



In addition, in honor of Black History Month, students selected an African American they felt was a role model to research and find a picture of. These

items were also featured on our lobby wall.



## Kids Love Musicals

The staff and families enjoyed the student presentation of "You're a Good Man, Charlie Brown" at the end of January. Here are just a few of the great photos captured by Ms. Sue.



*Curt F shows his acting chops*



*Students from Room 9*



*Snoopy for President!*

## Student of the Month:

**Michael K – Room 16**

This month's outstanding student is **Michael K** from Classroom 16.

Michael earned level 5 right before winter break and has done a great job maintaining level 5 status. Michael is a good classroom helper when he is on level 5 and does a wonderful job keeping the classroom tidy and organized. Michael has done a great job self-advocating for help when he is upset or frustrated. Michael has been observant of following school and classroom rules. He has completed all of his assignments and does a great job participating in lessons, especially in science and math. Finally, Michael is a good friend to the peers in his class as well as those in other rooms



## Mentally Strong Kids Have Parents Who Refuse to Do These 13 Things

By: Amy Morin  
Posted November 7, 2017  
Excerpted from [www.parent.com](http://www.parent.com)

*Contributed by Ms Heather S*

"Raising a mentally strong kid doesn't mean he won't cry when he's sad or that he won't fail sometimes. Mental strength won't make your child immune to hardship – but it also won't cause him to suppress his emotions.

In fact, it's quite the opposite. Mental strength is what helps kids bounce back from setbacks. It gives them the strength to keep going, even when they're plagued with self-doubt. A strong mental muscle is the key to helping kids reach their greatest potential in life.

But raising a mentally strong kid requires parents to avoid the common yet unhealthy parenting practices that rob kids of mental strength. In my book, "[13 Things Mentally Strong Parents Don't Do](#)", I identify 13 things to avoid if you want to raise a mentally strong kid equipped to tackle life's toughest challenges:

- 1 | **Condoning a victim mentality**
- 2 | **Parenting out of guilt**

3 | **Making kids the center of the universe**

4 | **Allowing fear to dictate choices**

5 | **Giving their kids power over them**

6 | **Expecting perfection**

7 | **Letting kids avoid responsibility**

8 | **Shielding kids from pain**

9 | **Feeling responsible for their kids' emotions**

10 | **Preventing kids from making mistakes**

11 | **Confusing discipline with punishment**

12 | **Taking shortcuts to avoid discomfort**

13 | **Losing sight of their values"**

To view the complete article, including the detailed descriptions for the 13 items, use this link to : [Parent.Com](http://Parent.Com)

([https://www.parent.com/mentally-strong-kids-have-parents-who-refuse-to-do-these-13-things/?utm\\_source=facebook&utm\\_medium=social&utm\\_campaign=SocialWarfare](https://www.parent.com/mentally-strong-kids-have-parents-who-refuse-to-do-these-13-things/?utm_source=facebook&utm_medium=social&utm_campaign=SocialWarfare))



Mr. Benji

Feb 3